



The Good News About the Bad News: Herpes: Everything You Need to Know

By Terri Warren RN NP



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If you have genital herpes, you're not alone. Millions of people lead healthy, sexually active lives with herpes. Although herpes symptoms can be managed with medication and treatment, the stigma associated with the infection can negatively impact self-esteem and become a problem in itself. This complete guide to living with genital herpes, written by internationally recognized herpes expert Terri Warren, addresses every practical issue people with herpes face.

The author offers information on:

- Understanding herpes symptoms and triggers
- Knowing your treatment options
- Reducing the risk of transmission to future sex partners
- Breaking the news to potential partners

Included in *The Good News About the Bad News: Herpes* are responses to common questions and concerns based on the author's experiences counseling thousands of people with genital herpes in her sexual health clinic.

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Editorial Review

Review

From the Publisher

In **The Good News About the Bad News: Herpes**, an internationally recognized expert on genital herpes offers honest, friendly, and up-to-date advice and support to the millions of people living with one of the most common viral STDs, herpes.

From the Author

Terri Warren, RN, NP, has owned and operated Westover Heights Clinic in Portland, OR, a private clinic specializing in sexually transmitted diseases, for more than twenty-five years. She speaks nationally and internationally on the topic of genital herpes and has authored papers published in several medical journals. An accomplished researcher, Warren has been the investigator or subinvestigator in more than eighty clinical trials, most of which involved genital herpes infections. She is also the herpes expert on WebMD.com, where she answers readers' questions about genital herpes infections. Warren is author of *The Updated Herpes Handbook* and coauthor of *Tender Talk*.

Users Review

From reader reviews:

Joshua Montgomery:

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Kathryn Richardson:

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Ronda Hagerty:

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Wilbert York:

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