



The Blackberry Tea Club: Women in Their Glory Years

By Barbara Herrick



The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick

Mid-life crisis is not a crisis-it is a passage into joy. This was the essential truth discovered by the four women of a certain age, founding members of the Blackberry Tea Club, which began as late-night conversations while sipping blackberry tea with a little kick added. Those conversations about children, men, jobs, weight, clothes, food, travel, gossip, politics, medicine, healing, spirituality, adventure, and books grew slowly, beautifully into the Blackberry Tea Club and the discovery of the Glory Years.

The Blackberry Tea Club weaves together essays, stories, and poetry, celebrating mid-life in all its silliness, sorrow, and glory. Bottom line: middle age is much more than menopause. These are the Glory Years for women, years that bring about the expansion and reorganizing of the mind, heart, and spirit, and the birthing of a larger self of immense compassion, intellect, will, spirit, love, and capability.

Divided into five parts, each one explores different themes:

- * Seeing mid-life crisis as an adamant search for joy
- * Discovering opportunities for women to appreciate their bodies
- * Exploring multiple facets of love
- * Letting go of the bad stuff to relish "what light there is"

The Blackberry Tea Club offers stories of adventure, food, spirit, and the community of women in their Glory Years.

 [Download The Blackberry Tea Club: Women in Their Glory Year ...pdf](#)

 [Read Online The Blackberry Tea Club: Women in Their Glory Ye ...pdf](#)

The Blackberry Tea Club: Women in Their Glory Years

By Barbara Herrick

The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick

Mid-life crisis is not a crisis-it is a passage into joy. This was the essential truth discovered by the four women of a certain age, founding members of the Blackberry Tea Club, which began as late-night conversations while sipping blackberry tea with a little kick added. Those conversations about children, men, jobs, weight, clothes, food, travel, gossip, politics, medicine, healing, spirituality, adventure, and books grew slowly, beautifully into the Blackberry Tea Club and the discovery of the Glory Years.

The Blackberry Tea Club weaves together essays, stories, and poetry, celebrating mid-life in all its silliness, sorrow, and glory. Bottom line: middle age is much more than menopause. These are the Glory Years for women, years that bring about the expansion and reorganizing of the mind, heart, and spirit, and the birthing of a larger self of immense compassion, intellect, will, spirit, love, and capability.

Divided into five parts, each one explores different themes:

- * Seeing mid-life crisis as an adamant search for joy
- * Discovering opportunities for women to appreciate their bodies
- * Exploring multiple facets of love
- * Letting go of the bad stuff to relish "what light there is"

The Blackberry Tea Club offers stories of adventure, food, spirit, and the community of women in their Glory Years.

The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick Bibliography

- Sales Rank: #239473 in Books
- Brand: Brand: Conari Press
- Published on: 2004-09-15
- Released on: 2004-09-15
- Original language: English
- Number of items: 1
- Dimensions: 8.46" h x .57" w x 5.62" l, .47 pounds
- Binding: Paperback
- 162 pages



[Download The Blackberry Tea Club: Women in Their Glory Year ...pdf](#)



[Read Online The Blackberry Tea Club: Women in Their Glory Ye ...pdf](#)

Download and Read Free Online The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick

Editorial Review

From Publishers Weekly

Standing before a mirror assessing her bare bottom and thighs (which resemble "oatmeal to a remarkable degree"), her round belly and sagging breasts (which, "propped up and corralled," provide cleavage), 52-year-old Herrick eyes her reproduction of the Venus of Willendorf. "Thirty thousand years ago, holy women looked the way I do now," she thinks. "I finally have the body of a goddess." It's this blend of humor and candor that makes Herrick's meditations a delight. Simple and straightforward, it will resonate with women who prefer to see the inevitable emotional upheaval that accompanies aging as "a spiritual passage" rather than a midlife crisis. A former hospital administrator (and author of two books about Idaho), Herrick has plenty of wisdom to share, some learned from her own bumpy past, some honed over blackberry tea spiked with Amaretto and Grand Marnier with a group of female friends. Herrick tends to break into New Age jargon, and readers looking for more depth may be frustrated by her glossing over significant passages in her life: she covers her painful decision not to have children and her struggle to overcome anxiety and depression in a matter of paragraphs, providing fleeting glimpses into material that could easily fill another volume. Perhaps she'll win enough fans with this effort to convince her to dig deeper for a sequel.

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

About the Author

Barbara Herrick is a freelance writer, whose other work includes the narrative non-fiction book *The Blackberry Tea Club*, from which the text for this four-color gift book is excerpted, plus two books on Boise, Idaho, and numerous stories and poems. She's a founding member of The Blackberry Tea Club, women who get together intermittently for adventures, talk, and more. She lives in Boise, ID.

Users Review

From reader reviews:

Eileen Matherly:

What do you think about book? It is just for students since they are still students or the item for all people in the world, what best subject for that? Merely you can be answered for that query above. Every person has several personality and hobby for each other. Don't to be forced someone or something that they don't wish do that. You must know how great along with important the book The Blackberry Tea Club: Women in Their Glory Years. All type of book could you see on many solutions. You can look for the internet options or other social media.

Ronald Griffin:

Book is to be different for every single grade. Book for children until adult are different content. As you may know that book is very important for all of us. The book The Blackberry Tea Club: Women in Their Glory Years has been making you to know about other know-how and of course you can take more information. It is extremely advantages for you. The reserve The Blackberry Tea Club: Women in Their Glory Years is not only giving you considerably more new information but also to get your friend when you really feel bored. You can spend your own spend time to read your publication. Try to make relationship while using book The

Blackberry Tea Club: Women in Their Glory Years. You never really feel lose out for everything in the event you read some books.

Amy Quist:

As people who live in often the modest era should be revise about what going on or information even knowledge to make all of them keep up with the era which is always change and move ahead. Some of you maybe can update themselves by reading books. It is a good choice to suit your needs but the problems coming to a person is you don't know which you should start with. This The Blackberry Tea Club: Women in Their Glory Years is our recommendation so you keep up with the world. Why, as this book serves what you want and wish in this era.

Edward Sullivan:

The book untitled The Blackberry Tea Club: Women in Their Glory Years contain a lot of information on the item. The writer explains your ex idea with easy technique. The language is very easy to understand all the people, so do not worry, you can easy to read that. The book was compiled by famous author. The author will bring you in the new time of literary works. It is possible to read this book because you can read on your smart phone, or device, so you can read the book in anywhere and anytime. If you want to buy the e-book, you can start their official web-site in addition to order it. Have a nice examine.

Download and Read Online The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick #MLFOEISJUG8

Read The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick for online ebook

The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick books to read online.

Online The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick ebook PDF download

The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick Doc

The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick MobiPocket

The Blackberry Tea Club: Women in Their Glory Years By Barbara Herrick EPub