



# The Behavioral Sciences and Health Care

*By Olle Jane Sahler, John E. Carr, Julia Frank, Joao Nunes*

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A clearly structured, compact text on the behavioral sciences for medical and other health professions, including practical features such as chapter review questions and an annotated practice exam.

The brand new edition of this highly readable text presents succinct information about how neurological, psychological, social and behavioral processes interact and together contribute to the health and wellness of individuals. Based around but expanding on the Integrated Sciences Model, and integrating the Institute of Medicine's key themes for medical training, this latest edition is organized in sections covering:

- Brain Systems
- Homeostatic Systems and Disorders
- Individual-Environment Interaction
- Development Through the Life Cycle
- Social and Cultural Issues
- Societal and Behavioral Health Challenges
- The Health Care System, Policy, and Economics
- The Clinical Relationship
- Psychopathology

New chapters deal with Nutrition, Metabolism, and Feeding Disorders, Physician Health, Impairment, and Misconduct, the Psychiatric Evaluation, Principles of Psychotherapy, and Dementia. Clear appendices review principles of epidemiology and bio-statistics.

Each chapter begins with guidance questions and ends with current recommended readings and review questions.

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## **Editorial Review**

### **Review**

From the first editor:

This revision has been streamlined to allow for several new chapters, such as an in-depth look at provider impairment as well as updates on obesity, palliative care, and complementary medicine. In addition, the 350+ question-and-answer review section continues to provide concise discussions of specific topics that supplement the text.

In keeping with ABSAME's future new name as the Association for the Behavioral Sciences and Health Professions Education (ABSAHPE), we are convinced that this latest edition will lend itself ideally to teaching behavioral sciences for anyone pursuing a career in one of the health professions, including medicine, nursing, pharmacy, dentistry, social work and other allied health professions, osteopathy, and chiropractic. After all, the principles that are the foundation of any effective, compassionate provider-patient relationship are fundamental to all our professions. So, too, are the societal barriers to providing excellent health care that can affect all healing relationships. --O. J. Sahler (Editor)

The person, the patient, must be the focus of health care, not the system or the profession. This outstanding book by O.J. Sahler, MD, and Jack Carr, PhD, and its integrated sciences model go a long way towards making this a reality. --Albert H. Eaton, PhD, M.Div, President of the Association for the Behavioral Sciences and Medical Education (ABSAME)

An outstanding integration of the most up-to-date scientific knowledge gathered across disciplines. A wonderful textbook and reference for primary care providers. --Pat DeLeon, PhD, MPH, JD, former President of the American Psychological Association

### **About the Author**

O.J. Sahler, MD is Professor of Pediatrics, Psychiatry, Medical Humanities, and Oncology at the University of Rochester School of Medicine. She was the pediatric clerkship director for 17 years and was the founding president of the Council on Medical Student Education in Pediatrics (COMSEP).

John Carr is Professor Emeritus in Psychiatry & Behavioral Sciences and Psychology at the University of Washington. He has co-edited three textbooks on the behavioral sciences in health care and written extensively on the need for an Integrated Sciences Model in health care education.

Julia Frank is Director of the Psychiatry Department at the George Washington University, School of Medicine and Health Sciences.

João Nunes is Associate Medical Professor of Physiology and Pharmacology at the City College of New York, School of Biomedical Education.

## **Users Review**

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#### **Alex Thayer:**

In this 21st millennium, people become competitive in most ways. By being competitive right now, people have to do something to make themselves survive, being in the middle of the particular crowded place and notice by means of surrounding. One thing that at times many people have underestimated the idea for a while is

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**Nyla Gomez:**

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**Jeffery Fulmer:**

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**Teresa Bradshaw:**

With this era which is the greater person or who has ability to do something more are more valuable than other. Do you want to become among it? It is just simple solution to have that. What you are related is just spending your time almost no but quite enough to have a look at some books. One of several books in the top record in your reading list is usually The Behavioral Sciences and Health Care. This book that is certainly qualified as The Hungry Hillside can get you closer in getting precious person. By looking upwards and review this reserve you can get many advantages.

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