



Love Life

By Rob Lowe

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On the heels of his *New York Times* bestselling *Stories I Only Tell My Friends*, Rob Lowe is back with an entertaining collection that “invites readers into his world with easy charm and disarming frankness” (*Kirkus Reviews*).

After the incredible response to his acclaimed bestseller, *Stories I Only Tell My Friends*, Rob Lowe was convinced to mine his experiences for even more stories. The result is *Love Life*, a memoir about men and women, actors and producers, art and commerce, fathers and sons, movies and TV, addiction and recovery, sex and love. Among the adventures he describes in these pages are:

- His visit, as a young man, to Hugh Hefner’s Playboy Mansion, where the naïve actor made a surprising discovery in the hot tub.
- The time, as a boy growing up in Malibu, he discovered a vibrator belonging to his best friend’s mother.
- What it’s like to be the star and producer of a flop TV show.
- How an actor prepares, for *Californication*, *Parks and Recreation*, and numerous other roles.
- His hilarious account of coaching a kid’s basketball team dominated by helicopter parents.
- How his great, great, great, great, great grandfather may have inspired everything from his love of *The West Wing* to his taste in classic American architecture.
- His first visit to college, with his son, who is going to receive the education his father never got.
- The time a major movie star stole his girlfriend.

Linked by common themes and his philosophical perspective on love—and life—Lowe’s writing “is loaded with showbiz anecdotes, self-deprecating tales, and has a general sweetness” (*New York Post*).

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Love Life By Rob Lowe Bibliography

- Sales Rank: #57055 in Books
- Brand: Simon Schuster
- Published on: 2015-04-21
- Released on: 2015-04-21
- Original language: English
- Number of items: 1
- Dimensions: 8.37" h x .60" w x 5.50" l, .0 pounds
- Binding: Paperback
- 272 pages

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Editorial Review

From [Booklist](#)

Starred Review After 30 years in show business, Lowe is the star of his first sequel. But instead of nabbing a superhero franchise à la Robert Downey Jr., he's been reborn as a winning memoirist. *Love Life* is the highly anticipated follow-up to his glowingly reviewed *Stories I Only Tell My Friends* (2011). How many other 1980s heartthrobs have been blessed with a second (or third) act while approaching 50? Rather than being a desperate cash-grab from a fading star, *Love Life* is certain to boost Lowe's professional profile even further while allowing the versatile actor to maintain an ever-thriving television career (*Californication* and *Parks and Recreation* are both recalled with candor and fondness). Those expecting more Hollywood tales will not be disappointed with first-person stories involving Warren Beatty, Arnold Schwarzenegger, Bill Clinton, and Madonna that only someone of Lowe's stature could credibly share with such awestruck enthusiasm and thoughtful detail. Lowe credits his longevity to more than just talent, fame, or luck, however. He fills many pages with humble, effusive praise for his stable marriage and shares funny, relatable tales of fatherhood. These are the successes that matter most to him, the ones that have helped him stay sober and grounded while loving life to the fullest. **High-Demand Backstory:** The spectacular and even somewhat surprising commercial and critical success of the author's previous memoir means automatic library interest in the latest installment. --Chris Keech

Review

"[Lowe] skillfully weaves stories together with common themes and a philosophical perspective. ... Fans who fear he gave up all the good stuff in the first book will be pleasantly surprised. ... Lowe's candor and willingness to admit his flaws create an authentic voice. His easy writing style will hook readers who won't judge his book by the handsome man on its cover." (*Associated Press*)

"Lowe's self-effacing and straightforward assessments of his own foibles and weaknesses, combined with first-rate storytelling skills. . . .make [*Love Life*] still feel like a night on the town with a well-connected, charismatic friend with more tales to spill. . . .[I]t's sweet, and he includes very funny accounts. . . . Showing how well he can laugh at himself. " (*USA Today*)

"Lowe addresses his life with a welcome levity. This book confirms that Lowe is more than just a pretty face." (*Elle*)

"[Lowe] writes with perspective and humorous self-effacement." (*Entertainment Weekly*)

"Not just pretty but witty and wise." (*AARP Magazine*)

"[*Love Life*] is loaded with showbiz anecdotes, self-deprecating tales and has a general sweetness that some readers might not be expecting from Lowe." (*New York Post*)

"Engaging, relatable... entertaining and admirably frank." (*The Washington Post*)

"A savvy writer with a quick wit, Lowe invites readers into his world with easy charm and disarming frankness." (*Kirkus Reviews*)

"Lowe had been reborn as a winning memoirist." (*Booklist*)

“Somehow Lowe manages to describe a visit to the Playboy Mansion and an unpleasant grade-school sleepover next to the manatee tank at Sea World with equal enthusiasm.” (*Book Forum*)

“If you love Rob Lowe, you'll love his "Love Life.".... His self-effacing humor keeps the pace brisk.” (*Tulsa World*)

“The fact that his second book is every bit as engaging as the first proves his point. I’m betting he could do an equally fine job on a third.” (*Miami Herald*)

“Lowe vividly depicts what it was like to be a 19-year-old Hollywood heartthrob. . . . As in the best celebrity memoirs and musings, *Love Life* is sprinkled with star power. . . . [Lowe] spills secrets and private thoughts with eloquence.” (*Bookpage*)

“Lowe is a gifted storyteller who uses humor and self-deprecation to draw readers in, and keeps their attention with fun tales of Hollywood behind-the-scenes.” (*Carpool Candy*)

“[An] easygoing but thoughtful memoir.” (*All You*)

“Incredible. ... This isn’t your typical celebrity written book. This was a fun read and very well written, that’ll have you laughing and shedding a tear along the way.” (*Red Carpet Crash*)

“A wild ride of a memoir by Rob Lowe that will leave you amused, fascinated and ultimately charmed.” (*Shelf Awareness*)

“[Lowe is] an interesting and perceptive writer.” (*Daily Mail*)

“An interesting read, and a page-turner. Lowe has an amazing insight about life and what is important.” (*Family Choice Awards*)

“Love Life is just as genially and charmingly guarded as its predecessor. ... [Lowe] is admirably self-aware.” (*Good Men Project*)

About the Author

Rob Lowe is a film, television, and theater actor; a producer; and an entrepreneur. He is also involved in politics and is the author of *Stories I Only Tell My Friends: An Autobiography*. He lives in Los Angeles.

Users Review

From reader reviews:

Ellen Jones:

In this 21st hundred years, people become competitive in each and every way. By being competitive right now, people have do something to make all of them survives, being in the middle of the particular crowded place and notice by simply surrounding. One thing that at times many people have underestimated it for a while is reading. Sure, by reading a book your ability to survive raise then having chance to endure than other is high. To suit your needs who want to start reading any book, we give you this particular Love Life book as nice and daily reading e-book. Why, because this book is more than just a book.

Byron Jorgensen:

As people who live in the actual modest era should be change about what going on or data even knowledge to make these keep up with the era which is always change and make progress. Some of you maybe can update themselves by examining books. It is a good choice for you but the problems coming to a person is you don't know what one you should start with. This Love Life is our recommendation so you keep up with the world. Why, because book serves what you want and wish in this era.

Miriam Ellis:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their down time with their family, or their particular friends. Usually they performing activity like watching television, planning to beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try look for book, may be the publication untitled Love Life can be great book to read. May be it could be best activity to you.

Charles Kinsella:

With this era which is the greater particular person or who has ability in doing something more are more special than other. Do you want to become considered one of it? It is just simple approach to have that. What you have to do is just spending your time very little but quite enough to have a look at some books. One of the books in the top listing in your reading list is actually Love Life. This book and that is qualified as The Hungry Inclines can get you closer in turning into precious person. By looking upwards and review this book you can get many advantages.

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