



Living the Good Life: A Beginner's Thomistic Ethics

By Steven J. Jensen

[Download now](#)

[Read Online](#) 

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen

Living the Good Life presents a brief introduction to virtue and vice, self-control and weakness, misery and happiness. The book contrasts the thought of Aquinas with popular views, such as moral relativism, values clarification, utilitarianism, Kantian deontology, and situation ethics. Following the Socratic dictum "know thyself," Steven J. Jensen investigates the interior workings of the human mind, revealing the interplay of reason, will, and emotions. According to Aquinas, in a healthy ethical life, reason guides the emotions and will to the true human good. In an unhealthy life, emotional impulses distort the vision of reason, entrapping one in futile pursuits. In the human struggle to gain self-mastery, a person must overcome the capricious desires that enslave him to false goods.

Jensen ably guides readers through Aquinas's philosophy and explains the distinction between the moral and intellectual virtues. The moral virtues train our various desires toward the true good, helping us discard our misguided cravings and teaching us to enjoy what is truly worth pursuing. The virtue of justice directs our hearts to the good of others, freeing us from egoism in order to seek a good shared with others. The intellectual virtues train the mind toward the truth, so that we can find fulfillment in human understanding. Most important, the virtue of prudence directs our deliberations to discover the true path of life.

Intended as a text for students, beginners of philosophy will gain access to a key aspect of Aquinas's thought, namely, that true happiness is realized not in the animal life of passion and greed but only in the reasonable pursuit of human goods, in which we find true peace and rest from the distractions of this world.

ABOUT THE AUTHOR:

Steven J. Jensen is associate professor of philosophy at the University of St. Thomas in Houston and specializes in the areas of ethics and medieval philosophy. He is the author of *Good and Evil Actions: A Journey through Saint Thomas Aquinas* and editor of *The Ethics of Organ Transplantation*.

PRAISE FOR THE BOOK:

"An accurate, complete, and widely accessible presentation of the fundamental elements of St. Thomas's thought on moral philosophy."?Stephen L. Brock, professor
of medieval philosophy, Pontifical University of the Holy Cross, Rome

"Steven Jensen presents a sound introductory text on the ethics of St. Thomas."? Thomas A. Cavanaugh, professor of philosophy, University of San Francisco

"This small volume provides a brief, clear introduction to the ethical theory of Thomas Aquinas. . . This will be a useful book for teachers and students of moral and political philosophy. . . Recommended." -*Choice*

 [Download Living the Good Life: A Beginner's Thomistic ...pdf](#)

 [Read Online Living the Good Life: A Beginner's Thomisti ...pdf](#)

Living the Good Life: A Beginner's Thomistic Ethics

By Steven J. Jensen

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen

Living the Good Life presents a brief introduction to virtue and vice, self-control and weakness, misery and happiness. The book contrasts the thought of Aquinas with popular views, such as moral relativism, values clarification, utilitarianism, Kantian deontology, and situation ethics. Following the Socratic dictum "know thyself," Steven J. Jensen investigates the interior workings of the human mind, revealing the interplay of reason, will, and emotions. According to Aquinas, in a healthy ethical life, reason guides the emotions and will to the true human good. In an unhealthy life, emotional impulses distort the vision of reason, entrapping one in futile pursuits. In the human struggle to gain self-mastery, a person must overcome the capricious desires that enslave him to false goods.

Jensen ably guides readers through Aquinas's philosophy and explains the distinction between the moral and intellectual virtues. The moral virtues train our various desires toward the true good, helping us discard our misguided cravings and teaching us to enjoy what is truly worth pursuing. The virtue of justice directs our hearts to the good of others, freeing us from egoism in order to seek a good shared with others. The intellectual virtues train the mind toward the truth, so that we can find fulfillment in human understanding. Most important, the virtue of prudence directs our deliberations to discover the true path of life.

Intended as a text for students, beginners of philosophy will gain access to a key aspect of Aquinas's thought, namely, that true happiness is realized not in the animal life of passion and greed but only in the reasonable pursuit of human goods, in which we find true peace and rest from the distractions of this world.

ABOUT THE AUTHOR:

Steven J. Jensen is associate professor of philosophy at the University of St. Thomas in Houston and specializes in the areas of ethics and medieval philosophy. He is the author of *Good and Evil Actions: A Journey through Saint Thomas Aquinas* and editor of *The Ethics of Organ Transplantation*.

PRAISE FOR THE BOOK:

"An accurate, complete, and widely accessible presentation of the fundamental elements of St. Thomas's thought on moral philosophy."?Stephen L. Brock, professor of medieval philosophy, Pontifical University of the Holy Cross, Rome

"Steven Jensen presents a sound introductory text on the ethics of St. Thomas."?Thomas A. Cavanaugh, professor of philosophy, University of San Francisco

"This small volume provides a brief, clear introduction to the ethical theory of Thomas Aquinas. . .This will be a useful book for teachers and students of moral and political philosophy. . .Recommended." -Choice

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen Bibliography

- Rank: #70959 in Books
- Brand: Brand: The Catholic University of America Press
- Published on: 2013-06-19
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .50" w x 5.51" l, .65 pounds
- Binding: Paperback
- 216 pages



[Download Living the Good Life: A Beginner's Thomistic ...pdf](#)



[Read Online Living the Good Life: A Beginner's Thomisti ...pdf](#)

Download and Read Free Online Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen

Editorial Review

About the Author

Steven J. Jensen is associate professor of philosophy at the University of St. Thomas in Houston and specializes in the areas of ethics and medieval philosophy. He is the author of Good and Evil Actions: A Journey through Saint Thomas Aquinas and editor of The Ethics of Organ Transplantation.

Users Review

From reader reviews:

Joseph Wood:

Nowadays reading books be than want or need but also work as a life style. This reading routine give you lot of advantages. The benefits you got of course the knowledge even the information inside the book that will improve your knowledge and information. The details you get based on what kind of reserve you read, if you want drive more knowledge just go with education and learning books but if you want truly feel happy read one having theme for entertaining like comic or novel. The actual Living the Good Life: A Beginner's Thomistic Ethics is kind of guide which is giving the reader unpredictable experience.

Robert Armistead:

The book untitled Living the Good Life: A Beginner's Thomistic Ethics is the e-book that recommended to you you just read. You can see the quality of the publication content that will be shown to an individual. The language that author use to explained their way of doing something is easily to understand. The article author was did a lot of investigation when write the book, and so the information that they share for your requirements is absolutely accurate. You also could get the e-book of Living the Good Life: A Beginner's Thomistic Ethics from the publisher to make you more enjoy free time.

Ann Strickland:

People live in this new moment of lifestyle always try to and must have the time or they will get lots of stress from both lifestyle and work. So , whenever we ask do people have spare time, we will say absolutely sure. People is human not really a robot. Then we inquire again, what kind of activity do you have when the spare time coming to a person of course your answer may unlimited right. Then ever try this one, reading books. It can be your alternative within spending your spare time, the particular book you have read is definitely Living the Good Life: A Beginner's Thomistic Ethics.

John Kirk:

With this era which is the greater individual or who has ability in doing something more are more treasured

than other. Do you want to become one among it? It is just simple way to have that. What you need to do is just spending your time little but quite enough to get a look at some books. On the list of books in the top record in your reading list is usually Living the Good Life: A Beginner's Thomistic Ethics. This book and that is qualified as The Hungry Slopes can get you closer in turning into precious person. By looking up and review this guide you can get many advantages.

Download and Read Online Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen #JTK9MZ8CLEV

Read Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen for online ebook

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen books to read online.

Online Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen ebook PDF download

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen Doc

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen Mobipocket

Living the Good Life: A Beginner's Thomistic Ethics By Steven J. Jensen EPub