



# You Can Heal Your Life Affirmations Kit

*By Louise Hay*

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## **You Can Heal Your Life Affirmations Kit** By Louise Hay

Best-selling author and lecturer Louise L. Hay brings you the fun, practical, and easy-to-use You Can Heal Your Life Affirmation Kit, based on her international 30 million copy bestseller. This kit will give you everything you need to create the joyful, creative, and fulfilling life you desire. Included in this kit, you'll find: 24 affirmation cards that you can post in your home, office, car, or anywhere else you'd like to receive a boost of positive energy. 150 word magnets that will give you, your friends and family member's hours of pleasure as you create positive and empowering affirmations that you can affix to the accompanying magnet easel. A CD narrated by Louise, in which she offers words of wisdom that will permeate your consciousness and fill you with hope and inspiration. A booklet in which Louise discusses the meaning and importance of affirmations and gives you exercises that will help you apply their power to your life right now! As you use this all-encompassing kit, know that you can heal your life...you just need the right tools to get you going!

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## **You Can Heal Your Life Affirmations Kit By Louise Hay Bibliography**

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### Editorial Review

#### About the Author

Louise Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 30 years, Louise has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Louise is the founder and chairman of Hay House, Inc., which disseminates books, CDs, DVDs, and other products that contribute to the healing of the planet. Visit [www.LouiseHay.com](http://www.LouiseHay.com)

Robert Holden, Ph.D., is the creator of the Loveability program. His work on psychology and spirituality has been featured on Oprah, Good Morning America, and a PBS special called "Shift Happens." He was also featured in two major BBC-TV documentaries, *The Happiness Formula* and *How to Be Happy*. His corporate clients include Dove and its Campaign for Real Beauty. He is author of *Happiness NOW!*, *Shift Happens!*, *Authentic Success* (formerly titled *Success Intelligence*), and *Be Happy*. Robert hosts a weekly show on Hay House Radio called *Shift Happens!* He also contributes daily to his Facebook page at [www.facebook.com/drrobertholden](http://www.facebook.com/drrobertholden). For information, visit [www.robertholden.org](http://www.robertholden.org).

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