



Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine

By Deepak Chopra

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THE LANDMARK BESTSELLER—NOW COMPLETELY REVISED AND UPDATED

More than twenty-five years ago, *Quantum Healing* helped transform Deepak Chopra into a cultural phenomenon. Now Dr. Chopra, hailed by *Time* as “the poet-prophet of alternative medicine,” returns to this groundbreaking work, adding the latest scientific research as well as expanded thoughts on the connection between body and mind.

Inspired by the unexplained recovery of patients in his own practice who had been given just a few months to live, Dr. Chopra began his search for answers. After returning to his native India to explore humanity’s most ancient healing tradition, Ayurveda, he combined those insights with Western medicine, neuroscience, and physics. What he discovered—a “network of intelligence” in the human body with the potential to defeat cancer, heart disease, even aging itself—forms the basis of *Quantum Healing*. In this new edition, Dr. Chopra once again offers a fascinating intellectual journey and a deeply moving chronicle of hope and healing.

Praise for *Quantum Healing*

“*Quantum Healing* didn’t set out to cure cancer or Alzheimer’s or any other intractable disease. It set out to see the human body, and human existence in general, through wiser eyes. As a scientist I’m passionate about genes and the brain; as a person I’m totally fascinated by the origins of consciousness. *Quantum Healing* galvanized my intuition that these areas do not have to be separated.”—**Dr. Rudolph Tanzi, from the new foreword**

“Deepak Chopra illuminates our true innate capacity for healing, growth, and evolution. With the wisdom of an experienced doctor, girded by science, he guides us to reclaim our natural power towards thriving. Chopra’s work is paradigm-changing for medicine and helpful beyond measure for every human

being seeking to evolve, flourish, and know our true nature.”—**Lisa Miller, Ph.D., author of *The Spiritual Child* and director of clinical psychology, Teachers College, Columbia University**

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Editorial Review

Amazon.com Review

Early on in *Quantum Healing*, Deepak Chopra asks an interesting question: Why, when your body mends a broken arm, is it not considered a miracle, but when your body rids itself of cancer, it is? Chopra believes the two phenomena spring from the same well, that the body is capable of doing much more than we assume it can. He calls this ability to cure disease from within "quantum healing," and shows how we're all capable of it. He believes intelligence exists everywhere in our bodies, in each of our 50 trillion cells, and that therefore each cell knows how to heal itself. It's a fascinating assertion, one that remains unprovable by science but overwhelmingly true by anecdote.

Review

"*Quantum Healing* didn't set out to cure cancer or Alzheimer's or any other intractable disease. It set out to see the human body, and human existence in general, through wiser eyes. As a scientist I'm passionate about genes and the brain; as a person I'm totally fascinated by the origins of consciousness. *Quantum Healing* galvanized my intuition that these areas do not have to be separated."—**Dr. Rudolph Tanzi, from the new foreword**

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From the Publisher

"Here is an extraordinary new approach to healing by an extraordinary physician-writer -- a book filled with the mystery, wonder, and hope of people who have experienced seemingly miraculous recoveries from cancer and other serious illnesses.

Dr. Deepak Chopra, a respected New England endocrinologist, began his search for answers when he saw patients in his own practice who completely recovered after being given only a few months to live. In the mid-1980's he returned to his native India to explore Ayurveda, humanity's most ancient healing tradition. Now he has brought together the current research of Western medicine, neuroscience, and physics with the insights of Ayurvedic theory to show that the human body is controlled by a "network of intelligence" grounded in quantum reality. Not a superficial psychological state, this intelligence lies deep enough to change the basic patterns that design our physiology -- with the potential to defeat cancer, heart disease, and even aging itself. In this inspiring and pioneering work, Dr. Chopra offers us both a fascinating intellectual journey and a deeply moving chronicle of hope and healing.

Users Review

From reader reviews:

Stephen Louis:

Book is to be different per grade. Book for children until adult are different content. As you may know that book is very important for us. The book Quantum Healing (Revised and Updated): Exploring the Frontiers of

Mind/Body Medicine seemed to be making you to know about other know-how and of course you can take more information. It is quite advantages for you. The publication Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine is not only giving you considerably more new information but also to become your friend when you feel bored. You can spend your spend time to read your book. Try to make relationship while using book Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine. You never experience lose out for everything should you read some books.

Benita Eldridge:

The reason? Because this Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine is an unordinary book that the inside of the publication waiting for you to snap that but latter it will shock you with the secret it inside. Reading this book next to it was fantastic author who else write the book in such amazing way makes the content on the inside easier to understand, entertaining method but still convey the meaning fully. So , it is good for you for not hesitating having this nowadays or you going to regret it. This book will give you a lot of gains than the other book get such as help improving your ability and your critical thinking way. So , still want to hold off having that book? If I had been you I will go to the e-book store hurriedly.

Tonia Lee:

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