



Pregnancy Childbirth and the Newborn: The Complete Guide

By Penny Simkin, Janet Whalley, Ann Keppler

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If you buy only one childbirth book, this is the one...It is the comprehensive, authoritative book which gives you a wealth of information about pregnancy, birth, the postpartum period and how to care for your newborn baby. The Most Complete: covers all aspects of childbearing from conception through early infancy. It tells what to expect during pregnancy and birth and how to work with your carers to make it a happy and healthy experience. The Most Authoritative, Yet Easy-to Use: a well organised book for easy reading and quick reference. More than 60 charts and 190 photographs clarify the information. The Most Up to Date: fully revised to present the latest, most effective self-help comfort measures and emotional support measures for use during labour.

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Editorial Review

From the Publisher

If you only buy one childbirth book, this is the one...

The most complete. It covers all aspects of childbearing from conception through early infancy. It includes information on what to expect during pregnancy and birth and how you can work with your caregivers to make childbirth a happy and healthy experience.

The easiest to use. It is well organized for easy reading and quick reference. There are more than 45 charts and 150 photographs and illustrations to clarify the information-more graphic aids than any other childbirth book.

The most up-to-date. It includes the latest information on clinical tests and procedures in pregnancy, childbirth, and early infancy. It also covers concerns regarding the emotional aspects of childbearing, the partner's role, comfort measures, high-risk pregnancies, medications, vaginal birth after cesarean, breastfeeding, and understanding infant behavior.

About the Author

Top authors are all experienced working medical staff and educators associated with the Childbirth Education Association of Seattle.

Users Review

From reader reviews:

Nancy Smith:

Now a day people who Living in the era where everything reachable by talk with the internet and the resources inside it can be true or not call for people to be aware of each data they get. How a lot more to be smart in acquiring any information nowadays? Of course the answer is reading a book. Studying a book can help individuals out of this uncertainty Information specifically this Pregnancy Childbirth and the Newborn: The Complete Guide book as this book offers you rich details and knowledge. Of course the info in this book hundred percent guarantees there is no doubt in it you probably know this.

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