



Self Sufficient Sailor

By Lin Pardey, Larry Pardey

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This book is what the title says. It is the distillation of what the Pardey's have learned in 150,000 miles of sailing on board their two cutters, Seraffyn and Taleisin, and on scores of other boats they have delivered or raced. Lin and Larry tell how they have sailed in comfort and safety without large cash outlay- on a pay-as-you-earn-as-you-go plan and by simplifying. In its first edition, this invaluable text has seen nine reprints. Now Lin and Larry have updated and revised the information to make it current and a valuable edition to any sailor's library right up to the millennium.

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Editorial Review

Review

.....for the beginner or experienced offshore cruising sailor who is contemplating a voyage, this book by one of Americas most famous sailing couples is a must. The valuable information includespractical, innovative ideas to better outfit any sailboat. -- *Shirley Herd Deal, Sea Magazine, 1985*

I think it wisest to learn from other peoples experience, by reading books. I like Glenans Sailing book and also know an excellent American book written by Lin and Larry Pardey, the *Self Sufficient Sailor*. -- *Bernard Moitessier - Sailor, Author and Adventurer, 1989*

Nothing can keep you cruising longer, safer and on a lower budget than self-sufficiency, and no one knows more about the subject than Lin and Larry Pardey. They draw on 29 years of cruising to reveal how to handle your boat under sail and at anchor; how to build trust and teamwork in your crew, and how to fortify your boat with backup systems - advice that will keep you sailing onward instead of stuck in port waiting for repair parts. -- *Tom Linskey -Editor, Sail Magazine, 1996*

We all have something to learn form this book, from authors who have put into practice a principle that applies to all of us. -- *Denny Desoutter, Editor, Practical Boat Owner, 1997*

From the Author

Lin and Larry Pardey have voyaged together for over 26 years, covering the equivalent of 5 circumnavigations on board their own self-built cutters, Seraffyn and Taleisin. Larry worked as first mate on a 140-ton, 85-foot schooner, Double Eagle, voyaging from Newport Beach, California, to Hawaii and back and along the Mexican coast before meeting Lin. He, along with Leslie Dyball, won the handicap prize for first overall in the exceptionally stormy 1974 Round Britain two-handed race. Lin and Larry have delivered two dozen boats across oceans and raced their own and others boats. Their interest in storm tactics has led them to research both older and modern methods of heaving-to, by talking and corresponding with sailors from dozens of countries, by working with Victor Shane at the Drag Device Data Base, and by testing both on their own boat in hurricane-force winds and on modern boats off the Cape of Storms, in South Africa.

Larry was selected as the winner of the International Oceanic Award, givenby the Royal Institute of Navigation under the sponsorship of the Little Ship Club of London and presented by Her Royal Highness, the Princess Royal, Princess Anne, for the most meritorious voyage of over 2,000 miles using traditional methods of navigation. Larrys award was for 30 years of successful voyaging, covering more than 150,000 miles on 21 different vessels and using onlysextant and chronometer, including his 2,840 mile voyage in 1995 from Fernando do Noronha to Horta, in the Azores.

In March 1996, Lin was presented with the Ocean Cruising Club Award for the person who has done the most to foster and encourage ocean cruising in small craft and the practice of seamanship and navigation in all branches, at the Royal Thames Yacht Club, in London.

Articles by Lin and Larry have appeared in *Sail Magazine*, *Cruising World*, *Woodenboat* (USA) *Practical Boat Owner*, *Yachting Monthly*, *Classic Boat Magazine* (UK), *Cruising Helmsman* (Australia), *South African Yachting*, and *Nautica* (Brazil).

Their nine books have been published in both the United States and England; two have been translated into

German and Japanese. Lin and Larry are currently writing a new book, *The Cost Conscious Cruiser*. Their most recent voyage took them to Scotland and Norway, and Taleisin is ready for another voyage, either west or north in the spring of 1998.

About the Author

The Pardeys have voyaged more than 170,000 miles, including both east-about/west-about circumnavigations and have made passages on 20 different boats, ranging in size from self-built 24' 4" and 29' 6" cutters through modern racing boats to 85-foot classic schooners. They've authored numerous books, videos, and articles and host seminars throughout the year. They also keep an online newsletter at www.landlpardey.com.

Users Review

From reader reviews:

Arthur Lee:

The knowledge that you get from Self Sufficient Sailor is the more deep you digging the information that hide into the words the more you get considering reading it. It does not mean that this book is hard to comprehend but Self Sufficient Sailor giving you enjoyment feeling of reading. The author conveys their point in selected way that can be understood through anyone who read that because the author of this book is well-known enough. This particular book also makes your vocabulary increase well. Therefore it is easy to understand then can go along, both in printed or e-book style are available. We propose you for having this Self Sufficient Sailor instantly.

Sandra Conaway:

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