



Moving Beyond Icebreakers: An Innovative Approach to Group Facilitation, Learning, and Action

By Stanley Pollack

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Moving Beyond Icebreakers is a powerful tool to help you run highly effective meetings in which everyone is engaged and the goals of the meeting are achieved. This beautifully illustrated 440-page book is packed with insights and ideas about how to make your meetings work. And it describes in detail over 300 interactive exercises (more than just icebreakers) that enable you to:

- Achieve Group Goals
- Build Relationships
- Resolve Group Problems
- Teach, Lead, Motivate, Inspire

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Editorial Review

Review

Moving Beyond Icebreakers is the encyclopedia of interactive group activities. It raises expectations for what meetings should do... --Charles Deutsch, Senior Research Scientist, Harvard School of Public Health

Stanley Pollack is a true expert... Moving Beyond Icebreakers captures his experience and makes it available to all of us. --Alan Khazei, CEO and Co-Founder, City Year

"For practitioners in teaching, social work, administrative, and community settings, this book will be a terrific addition to your ... library. --Susan Rice, DSW, Department of Social Work, California State University at Long Beach

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About the Author

Stanley Pollack began his career in the early 1970s working with juvenile offenders in Trenton, NJ. From 1973 to 1982, as a youth worker and later as director of the Mayor's Office of Youth Services in Somerville, MA, he developed innovative methods for engaging youth in a process of creating positive change in their communities, the basis for the current Teen Empowerment Model. From 1982 to 1991, Mr. Pollock provided consultation in the model to more than 40 organizations, including City Year, the Food Project, Serve Houston, and the city of Boston's Community Centers. In 1992, he founded the Center for Teen Empowerment in Boston's South End/Lower Roxbury, an area that was plagued by serious problems with youth violence, gangs, and drugs. Guided by the model's community change strategy, neighborhood youth were hired to address these problems, forming a powerful group of young people that was able to forge a long-lasting peace agreement among warring factions. Teen Empowerment opened its first site in a Boston public school in 1994. The program now has six sites -- four in Boston, one in Somerville, and one in Rochester, NY and also provides consultation and training to a wide range of social, educational, and youth service agencies. Under Mr. Pollack's leadership, Teen Empowerment has engaged over 25,000 people in social change initiatives, and has involved hundreds of school faculty, police officers, and youth workers in training designed to improve their agencies' ability to meet their goals. Mary Fusoni has taught English and reading skills at the high school level in Boston and Arlington, MA, and was a founding e-teacher of the Full Circle School, an alternative high school program in Somerville, MA. She has been working as a writer, editor, and administrator since 1980, initially as a technical writer for computer manuals. In 1989 she began providing administrative support for programs working with the Teen Empowerment Model. She wrote the grant proposal that earned initial funding for the Center for Teen Empowerment, and has been the Center's documentation coordinator since 1992.

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