



The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between

By Ann Douglas

Download now

Read Online ➔

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas

If you're looking for the inside scoop on what it's really like to have a baby, you've come to the right place. This comprehensive guide features a friendly, fresh, and fun approach to the greatest adventure life has to offer. Based on the best advice from over 100 Canadian parents and panel of experts, this information is served up with a uniquely Canadian spin. *The Mother of All Pregnancy Books* is funny, entertaining, and packed with tons of nuts-and-bolts information and presents expectant parents with all the facts on such perennial hot topics as pain relief during labor, episiotomy, and circumcision, empowering them to make informed personal choices.

Unique and innovative, this book is packed with helpful tools readers won't find anywhere else, including charts highlighting the risks of using various over-the-counter drug products during pregnancy, tables summarizing the functions of the 10 most important nutrients during pregnancy, lists of the 10 best-and worst-baby products, and much, much more. Featuring a glossary of pregnancy-related terms, a sample birth plan and a set of emergency childbirth procedures, *The Mother of All Pregnancy Books* isn't afraid to tackle difficult subjects, like infertility, high-risk pregnancy, and pregnancy and infant loss -- topics that most other pregnancy books shy away from.

New features include:

- The Pregnancy Roadmap: a week-by-week; month-by-month; and trimester-by-trimester overview of the key pregnancy milestones and highlights
- Pregnancy Q & As
- Baby Gear 101
- Your Post-Partum Body
- And a brand new section called "The Truth About Pregnancy Brain"



[Download The Mother of All Pregnancy Books: An All-Canadian ...pdf](#)

 [Read Online The Mother of All Pregnancy Books: An All-Canadi ...pdf](#)

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between

By Ann Douglas

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas

If you're looking for the inside scoop on what it's really like to have a baby, you've come to the right place. This comprehensive guide features a friendly, fresh, and fun approach to the greatest adventure life has to offer. Based on the best advice from over 100 Canadian parents and panel of experts, this information is served up with a uniquely Canadian spin. *The Mother of All Pregnancy Books* is funny, entertaining, and packed with tons of nuts-and-bolts information and presents expectant parents with all the facts on such perennial hot topics as pain relief during labor, episiotomy, and circumcision, empowering them to make informed personal choices.

Unique and innovative, this book is packed with helpful tools readers won't find anywhere else, including charts highlighting the risks of using various over-the-counter drug products during pregnancy, tables summarizing the functions of the 10 most important nutrients during pregnancy, lists of the 10 best-and worst-baby products, and much, much more. Featuring a glossary of pregnancy-related terms, a sample birth plan and a set of emergency childbirth procedures, *The Mother of All Pregnancy Books* isn't afraid to tackle difficult subjects, like infertility, high-risk pregnancy, and pregnancy and infant loss -- topics that most other pregnancy books shy away from.

New features include:

- The Pregnancy Roadmap: a week-by-week; month-by-month; and trimester-by-trimester overview of the key pregnancy milestones and highlights
- Pregnancy Q & As
- Baby Gear 101
- Your Post-Partum Body
- And a brand new section called "The Truth About Pregnancy Brain"

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas Bibliography

- Sales Rank: #907894 in Books
- Brand: Brand: Wiley
- Published on: 2011-11-07
- Original language: English
- Number of items: 1
- Dimensions: 8.46" h x 1.46" w x 5.51" l, .0 pounds
- Binding: Paperback
- 608 pages

 **[Download](#)** [The Mother of All Pregnancy Books: An All-Canadian ...pdf](#)

 **[Read Online](#)** [The Mother of All Pregnancy Books: An All-Canadi ...pdf](#)

Download and Read Free Online The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas

Editorial Review

About the Author

Ann Douglas is an award-winning journalist and the author of 28 books including *The Mother of All Baby Books*, *The Mother of All Toddler Books*, *The Mother of All Parenting Books* and *The Mother of All Pregnancy Organizers*. Ann's various books are also available -- or forthcoming -- in China, Russia, Greece, Indonesia, and Finland. A parent educator and mother of four, Ann is also the co-author (with John R. Sussman, M.D.) of two other highly popular pregnancy books: *The Unofficial Guide to Having a Baby* and *Trying Again: A Guide to Pregnancy After Miscarriage, Stillbirth, and Infant Loss*. Ann recently served as the honorary Campaign Chair of the National Healthy Mothers Healthy Babies 9-Month Club and was recently named to the National Advisory Board for *Invest in Kids*. Known for her lively anecdotes and real-world advice, Ann has also been a regular contributor to *WebMD.com*, *PregnancyandBaby.com* and *Yahoo! Canada*. Ann writes regular columns for *Conceive Magazine*, *Living Spree*, *Urban Baby and Toddler*, *City Parent* and *What's Up Kids?*. She has also written for such publications as *Today's Parent*, *Chatelaine*, *Canadian Living*, and *The Globe and Mail*. She makes frequent appearances on both radio and television and is regularly quoted in such publications as *Parenting*, *Parents*, *Fit Pregnancy*, *American Baby*, and *Working Mother*. Ann lives in Peterborough, Ontario, with her husband and four children. Visit www.having-a-baby.com or www.anndouglas.ca.

Users Review

From reader reviews:

Crystal Scott:

The book untitled The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between is the publication that recommended to you to study. You can see the quality of the book content that will be shown to an individual. The language that article author use to explained their ideas are easily to understand. The article writer was did a lot of research when write the book, and so the information that they share for your requirements is absolutely accurate. You also could get the e-book of The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between from the publisher to make you considerably more enjoy free time.

Jose Reed:

Beside this particular The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between in your phone, it could give you a way to get more close to the new knowledge or information. The information and the knowledge you will got here is fresh through the oven so don't possibly be worry if you feel like an outdated people live in narrow small town. It is good thing to have The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between because this book offers for you readable information. Do you sometimes have book but you do not get what it's interesting features of. Oh come on, that would not happen if you have this inside your hand. The Enjoyable blend here cannot be questionable, similar to treasuring beautiful island. Use you still want to miss it? Find this book as well as read it from today!

Jewell Garza:

Do you like reading a guide? Confuse to looking for your favorite book? Or your book ended up being rare? Why so many query for the book? But any kind of people feel that they enjoy to get reading. Some people likes looking at, not only science book but novel and The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between or perhaps others sources were given expertise for you. After you know how the fantastic a book, you feel desire to read more and more. Science guide was created for teacher as well as students especially. Those ebooks are helping them to add their knowledge. In other case, beside science e-book, any other book likes The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between to make your spare time more colorful. Many types of book like this.

Robert Victor:

A lot of publication has printed but it differs. You can get it by world wide web on social media. You can choose the most effective book for you, science, comedy, novel, or whatever by searching from it. It is named of book The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between. You can include your knowledge by it. Without making the printed book, it could possibly add your knowledge and make you happier to read. It is most important that, you must aware about guide. It can bring you from one spot to other place.

**Download and Read Online The Mother of All Pregnancy Books:
An All-Canadian Guide to Conception, Birth and Everything In
Between By Ann Douglas #1V87PGZ3I90**

Read The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas for online ebook

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas books to read online.

Online The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas ebook PDF download

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas Doc

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas Mobipocket

The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything In Between By Ann Douglas EPub