



# Managing ADHD in School: The Best Evidence-Based Methods for Teachers

By Russell Barkley PhD

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Dr. Russell Barkley, internationally respected expert on ADHD, draws on his 40 years of clinical work with thousands of students, teachers and schools to create a definitive resource for the most effective methods in overcoming impairments for children and teens with ADHD.

Managing ADHD in Schools details more than 100 evidence-based recommendations to help teachers and clinicians increase the success of children and teens with ADHD. This manual goes beyond the “what” to explain “why” the problems are likely occurring, followed up with the most effective interventions.

- + Classroom strategies for managing ADHD
- + Reward systems for good behavior
- + Downloadable assessment guide and report cards
- + Proven discipline methods
- + Medications and how they work
- + Tips for teen management

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### Editorial Review

#### Review

A clear, concise, evidence-based book about ADHD for educators has been a long time coming, but Russell Barkley has given us the book we need. Written by one of the most knowledgeable and respected scholars in the field of ADHD, this book provides educators with the power of knowing not only the what of ADHD, but also the why. Combining knowledge about what and why with proven effective methods for supporting students with ADHD academically and socially, this book is a tour de force and a must read. --**Karen R Harris, EdD**, Warner Professor of Education, Arizona State University

Dr. Barkley has created a straightforward guide of best practices all educators should use with youth with ADHD. Included in the book are practical suggestions ranging from ways to better structure the classroom up to interventions that can be readily implemented in most classroom settings to promote academic productivity and appropriate behavior. This is a must read for educators, administrators and parents/professionals working with youth with ADHD in schools! --**Gregory Fabiano, PhD**, Professor of Counseling, School and Educational Psychology, University at Buffalo, State University of New York

*Managing ADHD in School* should be on the shelves of every educator who works with students with ADHD. It provides a concise, readable, and extremely practical guide to understanding and supporting the school success of students with ADHD. All of the recommendations provided in this timely resource are firmly grounded in empirical research; yet these are translated into practices that can be readily implemented in all school classrooms. It is particularly noteworthy that *Managing ADHD in School* provides a guide for effective assessment and intervention across elementary, middle and high school settings. Dr. Barkley has produced the definitive guide to ADHD for general and special education teachers as well as school professionals (e.g., school psychologists, counselors) who consult with teachers. --**George J. DuPaul, PhD**, Professor of School Psychology Lehigh University

*Managing ADHD in School* is an excellent resource for teachers on the *what and why* of effective school practices for ADHD. Dr. Barkley, a foremost expert in the field, provides highly readable, interesting, and authoritative information about the neurodevelopmental basis for ADHD and the executive functioning and self-regulation deficits plaguing students with ADHD. This book clearly describes which teaching methods are effective for managing these deficits and why they will work. A wealth of practical, research-supported teaching strategies that can be readily applied in classrooms fill the pages. In addition, teachers will benefit from the detailed information about the latest medications for ADHD. This book will be extremely useful for teachers--easy-to-read, practical, and provides teachers with exactly what they need to know to best help their students with ADHD! --**Linda J Pfiffner, PhD** Professor, Department of Psychiatry, University of California, San Francisco

#### About the Author

**Russell A Barkley, PhD**, is a clinical professor of psychiatry at the Medical University of South Carolina, and an international expert on ADHD. Dr. Barkley is a clinical scientist, educator and practitioner whose publications include 22 books, rating scales and clinical manuals. He has published more than 275 scientific articles and book chapters related to ADHD, and is the founder and editor of the clinical newsletter, *The ADHD Report*, now in its 23rd year of publication.

## Users Review

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#### Sylvia Dasilva:

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