



The City Grower: Design, Create and Manage a Small Food-growing Plot

By Matt Franks

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Think you don't have the time or space to grow your own food? Think again. The City Grower shows you how to find spaces suitable for growing no matter their size, and gives you the skills to grow around a busy lifestyle in a simple, five-step process: the plot, the build, planting, maintenance and harvest. Whether you rent a room in a house with a shared garden or live in a flat with a small balcony or window ledge, Matt Franks will guide you through the process to transform your space into an eco-friendly growing machine. With great tips on up-cycling of discarded materials, keeping pests at bay with household items, when to grow which veg and where, plus how to use your smartphone for maximum yield, this is the perfect book for any aspiring city grower.

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Editorial Review

About the Author

Matt Franks is the MD and founder of Connected Roots, an urban food growing social enterprise. He teaches Urban Garden Design at Chelsea College of Art and Design. He is a young urban gardener with experience of planning, building and maintaining gardens around the UK.

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