



# It's Here Now (Are You?): A Spiritual Memoir

By Bhagavan Das

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In his classic book *Be Here Now*, Ram Dass introduced the world to a young guru named Bhagavan Das. Continuing his own story in *It's Here Now (Are You?)*, Bhagavan Das shares the profound and surreal moments of his spiritual awakening in the East, his fall from grace in the West, and his peaceful reconciliation with the sacred center.

For many years in the early '70s Bhagavan Das moved through India and Nepal, embracing the austere life of a holy man, exploring Hinduism, Buddhism, transcendental meditation, tantra, worshipping the divine mother, and living under the loving blanket of his guru, Neem Karoli Baba. Only twenty-five years old when he returned home to the States as a celebrity, he found himself traveling on the "guru circuit" with Ram Dass, Allen Ginsberg, Jerry Garcia, and Timothy Leary--living more like a rock star than the saint he was proclaimed to be.

In compelling detail, Bhagavan Das explores the tortuous journey that led him from his quest for the sacred to his spiritual death and eventual rebirth. A vivid memoir like no other, *It's Here Now (Are You?)* is an odyssey that will inspire seekers of any age on their own road to fulfillment.

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