



The Handbook of Five Element Practice (Five Element Acupuncture)

By Nora Franglen

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The Handbook of Five Element Practice (Five Element Acupuncture) By Nora Franglen

A practical companion for students and practitioners of five element acupuncture that helps stimulate thoughts, refresh memories and strengthen the foundation of practice.

With detailed outlines of the different components of five element diagnosis and treatment and overviews of the main characteristics of the five elements, this complete manual will support and invigorate practice. Full of examples, it explores the skills and techniques needed to nurture patient-practitioner relationships, assess patients correctly, select appropriate treatments and needle the points effectively. The book also includes a Teach Yourself Manual to further refresh understanding of this ancient form of healing.

This comprehensive handbook will be of immeasurable use to students and practitioners of five element acupuncture, as well as those who are interested in studying acupuncture and want to know more.

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Editorial Review

Review

Nora has been an admired colleague for many years, and I have watched her shepherd an acupuncture school of her own in London, and more recently, successfully reintroduce the teaching of five element acupuncture to eager practitioners in mainland China, using the material covered in this excellent handbook. She has a unique gift for transmitting the pure essence of this tradition, and in this way reminds me, more than anyone else I know, of her teacher, the late Professor J. R. Worsley. --Peter Eckman MD, PhD, MAc(UK), author of *In the Footsteps of the Yellow Emperor* and *The Compleat Acupuncturist*

Review

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Praise for the first edition

'Reading Nora's Handbook, I'm inspired by her profound insights and wisdom...'

(Professor Liu Lihong, Clinical Research Institute of Classical Chinese Medicine, Guangxi College of Traditional Chinese Medicine)

The first comprehensive clinical guide to five element acupuncture by one of its master practitioners. Nora Franglen approaches the vastness of the five elements in clinical practice through a diligent, step-by-step analysis of its core clinical protocols. Diagnosing the Guardian Element (Causative/Constitutional Factor) of a patient's clinical totality is presented in a clear and logical way and then converted into practical treatment protocols and point selection guides. (Paul Hougham, Former Principal, College of Traditional Acupuncture, Warwick, UK)

About the Author

Nora Franglen has a degree in Modern Languages from Cambridge University, and worked as a translator whilst bringing up a young family. Her own experience of five element acupuncture led her to study at the College of Traditional Acupuncture, Leamington Spa, UK, and she continued her postgraduate studies there under J R Worsley. She was Founder/Principal of the School of Five Element Acupuncture (SOFEA) in London from 1995-2007 and continues her teaching through her practice, through postgraduate work in the UK, Europe and China, and now through her blog, norafranglen.blogspot.com. She lives in London, UK.

Users Review

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Lucille Wood:

Book is to be different for each grade. Book for children till adult are different content. We all know that that book is very important for people. The book The Handbook of Five Element Practice (Five Element Acupuncture) ended up being making you to know about other understanding and of course you can take more information. It is quite advantages for you. The book The Handbook of Five Element Practice (Five Element Acupuncture) is not only giving you much more new information but also to become your friend when you feel bored. You can spend your personal spend time to read your e-book. Try to make relationship while using book The Handbook of Five Element Practice (Five Element Acupuncture). You never experience lose out for everything in the event you read some books.

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