



The New Akashic Records: Knowing, Healing & Spiritual Practice

By Cheryl M Trine

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The New Akashic Records is not self-help or religious faith, instead it is a newly interpreted, ancient spiritual practice. For the first time in print, discover how the Akashic Records work within universal energy through the concept of Spiritual Energy Dynamics. Leading you on a journey across the energetic bridge that is the Akashic Records, you learn how you can connect your soul's journey with your physical journey here on Earth. The New Akashic Records truly breaks new ground. This book presents an in-depth, yet easily understood history of the Akashic Records and uncovers the ancient connection to divine memory, judgment and destiny as the Book of Life. It reaches into Hinduism, Buddhism, and Tibetan Bön to understand the Akasha, empowering a new understanding of Your Library and Your Book. Sharing new insights into knowing, healing, and spiritual practice, The New Akashic Records provides a lifetime of learning for the serious spiritual seeker. The Akashic Records provide safe space to move beyond pat answers, worries and fears. The Akashic Records are not about being right, instead they are about you and your journey. Helping you to find your way, your truth, your highest expression of the best that you are today and will become tomorrow. Is now the time to understand your soul's journey? What path do you choose? What is your truth today?

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