



# Raw Food Diet Cookbook: 31 Fat-Blasting Raw Food Recipes That Burn Fat!

By Linda Westwood

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From the *Best Selling* weight loss writer, *Linda Westwood*, comes *Raw Food Diet Cookbook: 31 Fat-Blasting Raw Food Recipes That Burn Fat!*. This book will jump-start your weight loss, increase your energy level, clear your mind, and improve your overall health!

If you feel like you need to give your weight loss a kick-start...  
If you feel like you're ready for a full-body transformation...  
Or if you're just sick of working out and seeing NO results...

### THIS BOOK IS FOR YOU!

This book provides you with 31 fat-blasting raw food recipes that will have you transforming your entire body

Are you ready to look and feel slimmer, healthier, and sexier than you have in years?

Then check out these recipes, and start transforming your life TODAY!

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## Raw Food Diet Cookbook: 31 Fat-Blasting Raw Food Recipes That Burn Fat! By Linda Westwood Bibliography

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### Editorial Review

#### Review

"I am following this diet plan for 6 days & experience is amazing. Lost 3 lbs already which is great sign of improvement. Items are easy to cook & tasty. This is a very informative & helpful book which worth every bucks!"

-- **Tom Cooper**

"This cookbook by Linda Westwood has given me even more insight to new ways to prepare "raw" food, with new flavors and spicy twists to the way I cook! I highly recommend this to anyone who is looking to make the raw food diet a way of life, like we do!"

-- **matrIseoman**

"I am experienced with raw food diet. But this book impressed me more. This book contains amazing 31 fat blasting uncommon diet recipes with common ingredients. If you want a perfect body shape with a healthy life easily, this book is just for you."

-- **Samantha Sm**

"Linda Westwood delivers on a great raw diet cookbook that will have you shedding off the fat in no time. The recipes that are included are both delicious and affordable, making this the easiest diet out their. Within a few weeks i was able to see a massive change in my figure and i must say this book helped a lot. I highly recommend!"

-- **Amazon Customer**

"This book serves practical information in the form of recipes of a raw food diet. People experienced with this type of dieting or those who are just getting started will benefit using this book as a guide to what foods they can incorporate in their lifestyle. Overall highly worth the read a valuable recipe book."

-- **Matthew**

#### About the Author

Linda Westwood is a #1 Best Selling author of various books about weight loss, dieting, exercise programs, and everything nutrition. In her books, Linda provides daily action plans and fantastic advice on how to lose weight, burning fat in those hard to lose areas, better eating habits, morning rituals that lead to a healthy body, and so much more.

### Users Review

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##### **James Boyd:**

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### **Raquel Black:**

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### **Carlos Lauzon:**

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### **Louise Denison:**

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