



# Ethics and Decision Making in Counseling and Psychotherapy, Fourth Edition

By Robert Rocco Cottone PhD, Dr. Vilia Tarvydas PhD LMHC CRC

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## **Ethics and Decision Making in Counseling and Psychotherapy, Fourth Edition** By Robert Rocco Cottone PhD, Dr. Vilia Tarvydas PhD LMHC CRC

Completely revised and updated to reflect the new 2014 ACA *Code of Ethics* and current ethics codes in psychology, social work, and marriage and family therapy. This unparalleled text guides helping professionals in the use of ethical decision-making processes as the foundation for ethical approaches to counseling and psychotherapy. The book focuses on ethical and legal challenges and standards across multiple professions emphasizing counseling. It not only identifies relevant ethical issues in clinical mental health, rehabilitation, group, school, addictions, and career counseling, it also addresses couple and family therapy, clinical supervision, and forensics. The text illuminates the particular application of ethical standards within each specialty.

The book features five new chapters that clearly define how ethical standards are interpreted and applied: Privacy, Confidentiality, and Privileged Communication; Informed Consent; Roles and Relationships With Clients; Professional Responsibility; and Counselor Competency. Under the umbrella of each broad topic, the particular nuances of ethical standards within each specialty are analyzed to facilitate comparison across all specialties and settings. The text also addresses current issues in office and administrative practices, technology, and forensic practice that are crucial to school, clinical, and private practice settings. Compelling case studies illustrate the connection between ethical decision-making models and ethical practice. Learning objectives, a comprehensive review of scholarly literature, and a robust ancillary package for educators contribute to the fourth edition, its value for use in upper-level undergraduate and graduate classrooms.

### **New to the Fourth Edition:**

- Comprehensive reorganization and reconceptualization of content
- Reflects new 2014 ACA *Code of Ethics*
- Includes five new chapters on Privacy, Confidentiality, and Privileged Communication; Informed Consent; Roles and Relationships With Clients; Professional Responsibility; and Counselor Competency
- Emphasizes specialty practice organized by professional standards

- Facilitates comparison of standards across disciplines
- Addresses new issues in office, administrative, technology, and forensic practice

**Key Features:**

- Delivers an unequalled overview of ethical decision making in counseling and psychotherapy
- Defines how ethical standards are interpreted and applied in specialty practice
- Describes how to avoid, address, and solve serious ethical and legal dilemmas
- Includes learning objectives, case studies, and scholarly literature reviews
- Offers robust ancillary package with Instructor,Â’s Manual, Test Bank, and PowerPoint Slides

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## **Editorial Review**

### About the Author

**Robert Rocco Cottone, PhD** is a professor of counseling and family therapy at the University of Missouri-St. Louis in the Department of Counseling and Family Therapy. He earned his BA and MEd degrees at the University of Missouri-Columbia and his PhD degree at Saint Louis University. He has served on the American Counseling Association (ACA) Ethics Task Force that produced the 2005 revision of the Association's ethics code. He chaired the American Rehabilitation Counseling Association's and the Commission on Rehabilitation Counselor Certification's (CRCC's) collaborative *Code of Professional Ethics for Rehabilitation Counselors* task force for revision of the code in 2000. Dr. Cottone is a licensed professional counselor in Missouri and a licensed psychologist in Missouri and Arizona. He is a Certified Family Therapist (NCACFT). He is the author of several books, including *Paradigms of Counseling and Psychotherapy* (2012), *Toward a Positive Psychology of Religion: Belief Science in the Postmodern Era* (2010), and an earlier edition of this text, *Counseling Ethics and Decision Making* (2007). He has published extensively on matters of professional ethics and ethical decision making in counseling and psychology. He has also written extensively on advanced philosophical and theoretical issues in counseling and psychotherapy.

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