



Climbing Anchors Field Guide (How To Climb Series)

By John Long, Bob Gaines

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With more than 100 full-color photos and detailed captions showing how to create safe and simple rock-climbing anchoring systems, this is a take-to-the-crag companion book to our huge-selling *Climbing Anchors*.

Designed for quick use by climbers on site, this book shows how to properly place and configure natural anchors, passive chocks, mechanical chocks, fixed gear, knots, belay anchors, toprope anchors and rappel anchors. This field guide is up to date with the essential knowledge every climber can depend on.

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Editorial Review

From the Back Cover

Good, solid anchors are essential for safe rock climbing. If you understand the principles behind anchor construction and the fundamentals of good anchors but want to have the details conveniently available once you're at the cliff, this handbook is perfect for you. Specifically geared for on-site use, *Climbing Anchors Field Guide 2nd* is an easy-to-follow visual reference packed with essential reminders on how to place reliable protection and construct secure anchors in a variety of real-world climbing situations.

Inside you'll find:

- Natural anchors
- Passive chocks
- Spring-loaded camming devices
- Bolts
- Fall forces
- Judging the direction of pull
- Knots for anchoring
- Belay anchors
- Toprope anchors
- Rappel anchors

About the Author

John Long is a legendary rock climber, world adventurer, and top-selling author in the outdoor industry (more than a million copies in print). His feats include the first one-day ascent of El Capitan and a coast-to-coast traverse of Borneo. He has written numerous books, including the best-selling *How to Rock Climb!*, the world's foremost book of climbing instruction, now in its fourth edition, and he has coauthored *Climbing Anchors*, *Advanced Rock Climbing*, and *Big Walls*. He resides in Venezuela and in Venice, California.

Bob Gaines is an American Mountain Guides Association Certified Rock Instructor and owner/director of Vertical Adventures Rock Climbing School, based at Joshua Tree National Park, California.

Users Review

From reader reviews:

Norman Williams:

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