



# Body Language Training: Mastering the Subtle Art of Body Language; Exude Confidence, Attract Beautiful Women, Control the Situation, and be the Leader

James Poulos

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**Body Language Training: Mastering the Subtle Art of Body Language; Exude Confidence, Attract Beautiful Women, Control the Situation, and be the Leader** James Poulos

“**Body Language Training**” is a revolutionary book that contains proven steps and strategies on how to become a truly fantastic exponent of one of the most important skills in life – the ability to read non-verbal cues and to speak your own. Like it or not, we say far more with our body language than we do with our mouths. An ability to read physical indicators in people around us confers a huge personal advantage on us. Among the most amazing success stories in our time, there are people who were ordinary in every sense, except for their exceptional ability to read people, and hide or display their own feelings through control of their own body language. This book is an opportunity to learn some of their talents.

## What you will learn:

- How to read body language
- How to be observant for key signs of subconscious emotion or intent
- What body language practices subconsciously impress those around you
- How to show your inner confidence without having to say a word
- Methods of practice for how to learn these key skills
- The importance of charisma and charismatic body language
- The best tips and tricks for powerful, confident body language.

This is not a book to miss!

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