



Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth

By Jenny McCarthy

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Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth By Jenny McCarthy

THE RUNAWAY NATIONAL BESTSELLER

Revealing the naked truth about the tremendous joys, the excruciating pains, and the inevitable disfigurement that go along with pregnancy, Jenny McCarthy tells you what you can *really* expect when you're expecting! From morning sickness and hormonal rage, to hemorrhoids, granny panties, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, has ever been pregnant, is trying to get pregnant, or, indeed, has ever been born!

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Editorial Review

From Publishers Weekly

McCarthy, 1994 Playmate of the Year, actress (*Scream 3*; *Baywatch*; etc.) and former host of MTV's *Singled Out*, gave birth to her first child in 2002. Her pregnancy wasn't pretty—and she wants to tell readers all about it. At the outset, she tells them, "If you bought this book, you are already aware of my frankness when it comes to certain things—anatomy and bodily functions among them. If someone gave this book to you as a gift and you've never heard of me, apologies to you!" She goes on to recount the nitty-gritty of pregnancy in all its gory detail, covering morning sickness, hormonal rage, cravings, hemorrhoids, "engorged" breasts, gas, hot flashes, fainting spells, weight gain, acne, water retention and, finally, labor. McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing. Each brief, chatty chapter focuses on a different—and awful—facet of pregnancy, with McCarthy relating personal anecdotes and usually winding down by reassuring women they're not alone. McCarthy's tales are, for the most part, a hoot, though they may offend more uptight readers. For example, in the beginning of McCarthy's pregnancy, she was constipated, so she visited a specialist. In the waiting room, the assistant called her name, and "everyone... looked up in surprise, and I knew what they were thinking: 'Jenny McCarthy has butt hole problems?' I was so embarrassed, until I realized that they had no right to be smirking: Those assholes were also there because of their own assholes. I felt better already."

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From [Booklist](#)

McCarthy applies her in-your-face manner and blue humor to the subject of pregnancy and childbirth in this little piece of fun. The former *Playboy* centerfold and all-around bad girl recounts her journey to motherhood with utter abandon, discussing topics that those other wholesome books tend to treat too gently, such as enemas, pubic hair growth, and sex in the ninth month. What's noble about this book (yes, noble) is that women who find these topics too embarrassing to bring up now have a place to read about them in a frank and open discussion.^{^B} After all, they're as real as morning sickness, and McCarthy treats them with a candor that borders on crude but that is refreshing, and, ultimately, necessary. Not to mention funny. Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy. A must-have for any childbirth collection. An aggressive marketing campaign suggests libraries ought to stock up. *Mary Frances Wilkens*

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Review

Bella Online

"One of the most candid, refreshing and funny books on pregnancy that I have ever read. I laughed so hard at times that I had tears rolling down my cheeks...Humorous and candid."

Hudson Valley News, 2/12/2014

"A book for the expectant mother who needs a few moments of frivolity."

MediaMikes.com, 2/20/2014

"Jam packed with side splitting stories...The cool part about the book is that it doesn't really matter if you have 1 kid or 10 or if you're a guy or a girl. McCarthy's book has a little something for everyone...Graphic yet hysterical stories...A fun quick read that both you and your significant other can enjoy."

"Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy.... A must-have." --*Booklist*

"Jenny McCarthy is now the go-to girl for pregnancy." --*Toronto Star*

"Dishes dirt on giving birth that you never knew you needed to know.... [McCarthy is quite funny and, in the end, this is a celebration of motherhood." --*Gotham*

"You don't even have to be knocked up to enjoy [this book]."--

Playboy

"McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing." --*Publishers Weekly*

Users Review

From reader reviews:

Joseph Braddock:

Your reading 6th sense will not betray an individual, why because this Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth guide written by well-known writer whose to say well how to make book which can be understand by anyone who read the book. Written inside good manner for you, leaking every ideas and creating skill only for eliminate your own personal hunger then you still doubt Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth as good book not just by the cover but also with the content. This is one e-book that can break don't ascertain book by its protect, so do you still needing an additional sixth sense to pick this specific!? Oh come on your reading sixth sense already told you so why you have to listening to yet another sixth sense.

Donna Macdonald:

This Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth is great reserve for you because the content that is certainly full of information for you who also always deal with world and possess to make decision every minute. This book reveal it data accurately using great organize word or we can say no rambling sentences included. So if you are read that hurriedly you can have whole information in it. Doesn't mean it only will give you straight forward sentences but tough core information with beautiful delivering sentences. Having Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth in your hand like obtaining the world in your arm, information in it is not ridiculous one. We can say that no guide that offer you world with ten or fifteen second right but this reserve

already do that. So , this is certainly good reading book. Hello Mr. and Mrs. busy do you still doubt that will?

Patricia Hooper:

In this time globalization it is important to someone to receive information. The information will make someone to understand the condition of the world. The fitness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher that print many kinds of book. Often the book that recommended to your account is Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth this reserve consist a lot of the information from the condition of this world now. This kind of book was represented just how can the world has grown up. The language styles that writer value to explain it is easy to understand. The writer made some investigation when he makes this book. That is why this book ideal all of you.

William Lebel:

Publication is one of source of understanding. We can add our information from it. Not only for students but in addition native or citizen have to have book to know the change information of year to help year. As we know those textbooks have many advantages. Beside we all add our knowledge, can bring us to around the world. Through the book Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth we can acquire more advantage. Don't you to be creative people? To become creative person must prefer to read a book. Merely choose the best book that suited with your aim. Don't be doubt to change your life with this book Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth. You can more appealing than now.

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