



William Wobbly and the Very Bad Day: A Therapeutic Parenting Book (Volume 1)

By Sarah Naish

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William Wobbly and the Very Bad Day: A Therapeutic Parenting Book (Volume 1) By Sarah Naish

Co authored by Rosie Jefferies and illustrated by the talented Amy Farrell- 'William Wobbly and the Very Bad Day' is a story about a little boy with attachment difficulties (RAD), due to having suffered trauma in his early life. William is now struggling with overwhelming feelings and difficulties in his everyday life, and these difficulties impact on his family. Written by authors who have lived through, and with, these challenges, it is a story for therapeutic parents, adopters and foster carers to read to their child. The story will help children with attachment difficulties make sense of their own behaviours and feelings, and most importantly, will assist the parent in building connections to their traumatised child. The story is easy for children and their parents to relate to, and explains why William behaves the way he does, how he feels, and most importantly, what his Mum can do about it. The book provides the therapeutic parent with an effective dialogue to read to their child, to connect, empower and heal. First in a series of children's books in the Therapeutic Parenting series, which sees William and his siblings demonstrate the many aspects of behaviour, related to attachment difficulties. Therapeutic Parents who are facing these challenges everyday, can now access real , practical help through these pages, for their child, and for themselves.

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Editorial Review

About the Author

Sarah Naish is a therapeutic parent who adopted 5 siblings from a background of severe neglect and abuse, with reactive attachment disorder and many other trauma associated conditions. Over the next 17 years, she helped the children to understand their own behaviours, make connections to each other and their adoptive parents, and to overcome the very real, debilitating problems associated with attachment difficulties. Sarah went on to work in the UK as a Social Worker in adoption and fostering, then set up and ran her own therapeutic fostering agency. This agency gained an Ofsted 'Outstanding' award in 2013-2014 and led to Sarah winning 'Woman of the Year' in the Women in Business Awards. Sarah now works full time in the UK leading research into compassion fatigue, in foster care, and training social work professionals, adopters and foster carers in healing children through therapeutic parenting techniques, thereby achieving better outcomes for all children who have suffered early life trauma. Rosie Jefferies is Sarah's eldest daughter. She worked alongside Sarah in her therapeutic fostering agency in the UK. Rosie now works full time with Inspire Training Group, part of Fostering Attachments Ltd, with Sarah, helping to train foster carers, adopters and social work professionals in therapeutic parenting techniques. Rosie has helped to edit this series of books by paying close attention to how the child characters are feeling, how they are reacting, and amending and advising where necessary, to ensure that as accurate reflection as possible is given of the child's inner emotions.

Users Review

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